



### AUSTRALASIAN MILITARY MEDICINE ASSOCIATION CONFERENCE 2014

THE HILTON, SYDNEY, 17-19 OCTOBER

# POCKET PROGRAM

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# WELCOME

On behalf of the Australasian Military Medicine Association, I welcome you to the 23rd annual conference.

This year we commemorate 100 years of World War 1 and the sacrifices that these young men made so that this war would end any further conflicts. Unfortunately, we know that this is not the case. These brave young men went to war for adventure not thinking of the horrors that would befail them.

Medically they had to contend with physical and mental afflictions that had not been seen before. Not only were they wounded in battle but they also had to endure gas, "shell shock" and disease. Our health professionals (doctors, nurses and stretcher bearers) also had to contend with unbearable conditions yet they did so with humility, compassion and professionalism. We know that future conflicts will provide more challenges to our health services and that these challenges can best be managed through vigilance, training and research.

That is why we believe the AMMA Conference is an important opportunity for health professionals who are involved in or have an interest in military medicine and veterans' health to come together to share knowledge across all areas of expertise.

This year we are delighted to have Sir Mansel Aylward who is the Director for the Centre of Pyschosocial and Disability Research (UK) who will present research on psychological trauma encountered in servicemen in areas of conflict and its recognition and management; the historical approach to management with particular relevance to World War 1 and lessons learned more recently, particularly among defence forces serving in Iraq and Afghanistan.

Our Graeme Shirtley Oration, this year will be presented by Air Vice Marshal Tony Austin (Rtd) who will reflect on challenges that ADF members have faced and what they, and their colleagues, can do to ensure that they minimise the personal price that they, and their families, will pay for this service.

We are also pleased to have Brad Manera, CEO of the ANZAC Memorial Sydney who provides the historical aspect on World War 1 with a presentation on Tracking the Wounded from Gallipoli to Armistice.

The conference will be officially opened by the Governor of NSW, His Excellency General The Honourable David Hurley, the previous Chief of Defence. As you can see our program is an exciting one and we hope that you partake in all of its diversity, including our social program with the Conference Dinner being held at the Sydney Town Hall, an evening that should not be missed. Don't forget to vote in our Weary Dunlop Award for the best presentation at the conference and also our Poster Award and Photo Gallery competition.

We would like to thank all of our sponsors and exhibitors as without their support we could not provide the outstanding program we have for you and encourage all delegates to visit their displays.

Finally, the quality and success of the AMMA Conference is due to the hard work of the Organising Committee and on your behalf I would like to thank them for their commitment in bringing to you a conference that is inspirational and exceptional.

Dr Greg Mahoney AMMA President

### GENERAL INFORMATION

#### ACCOMMODATION

If you have any queries relating to your accommodation booking first speak to the staff at your hotel or alternatively Leishman Associates staff at the registration desk.

Your credit card details were supplied to the hotel you have selected, as security for your booking. If you have arrived 24 hours later than your indicated arrival day you may find that you have been charged a fee. You will be responsible for all room and incidental charges on check out and may be asked for an impression of your credit card for security against these charges. This is standard policy in many hotels.

#### ADDITIONAL TICKETS: CONFERENCE SOCIAL PROGRAM

The Welcome Reception and Conference Dinner are included in the cost of a full conference registration. Additional tickets for these events may still be available at a cost of \$80 for the Welcome Reception and \$190 for the Conference Dinner. Check with staff at the registration desk if tickets are still available.

#### AMMA AWARDS

The following awards will be presented:

#### WEARY DUNLOP AWARD

Best original presentation given at the conference.

#### AMMA CONFERENCE POSTER AWARD

Best poster presentation at the conference

#### JMVH EDITORS PRIZE

Best paper published in Journal of Military and Veterans' Health in a 12 month period.

#### JMVH NEW AUTHOR PRIZE

Best paper published in Journal of Military and Veterans' Health within a 12 month period by an author who has not previously published in JMVH.



#### JMVH BEST VETERANS PAPER

Sponsored by Repat Foundation Inc. - awarded for the best original paper on veterans health published within a 12 month period.

#### PHOTO GALLERY COMPETITION

Best battlefield photo displayed at the conference.

#### AMMA MEMBERSHIP

Visit the AMMA Stand in the Exhibition area and become a member today. We will waive the joining fee and you will have the chance to win a free registration to next year's conference.

#### CATERING

All catering will be served within the Trade Exhibition area located outside Plenary on Level 3.

#### CONFERENCE ABSTRACTS

Abstracts can be downloaded from the conference website www.amma.asn.au/2014 under Delegates Only.

#### CONFERENCE APP

This year the conference website is a responsive website meaning that it can be viewed on IPADS, Iphones and Androids. This has all the information for the conference and will allow you to use your smartphone or tablet onsite.

The website can be found at www.amma.asn.au/amma2014. Access the delegates only page via password AMMA2014 to access

- conference program, abstracts and speaker bios
- Weary Dunlop and Photo Gallery competition voting

All other information can be found on the website.

#### CONFERENCE NAME BADGES

All delegates and exhibitors will be provided with a name badge, which must be worn at all times within the conference venue and at social events. Your name badge will give you access to all

### **GENERAL INFORMATION**

sessions and events that are part of your registration or that you have purchased.

#### CONFERENCE VENUE

All presentations will be held on Levels 3 and 4 of the Hilton.

#### LEVEL 3:

- Plenary (Ballroom A also Breakout 1)
- Breakout 2 (Ballroom B)
- Exhibition Area and Catering

#### LEVEL 4:

- Breakout 3 (Room 1)
- · Breakout 4 (Room 2)
- · Breakout 5 (Room 4)

#### CONTINUING PROFESSIONAL DEVELOPMENT



AMMA has been approved by RACGP for CPD points.

RACGP members will be required to provide their membership nos, complete session attendance details and an evaluation form. Please collect from and return to Registration desk.

#### DRESS CODE

The AMMA Conference is a civilian event and therefore military dress is not compulsory. However, if you have been sponsored by Defence you should contact your superior officer as to what you are required to wear.

#### DISCLAIMER

AMMA reserves the right to amend or alter any advertised details relating to dates, program and speakers if necessary, without notice, as a result of circumstances beyond their control.

All attempts have been made to keep changes to an absolute minimum.

# EMERGENCY MEDICAL CARE

For any medical emergency please telephone 000. The staff at your hotel will have information if you require contact



details for a doctor, dentist or other health professional.

#### EXHIBITORS PASSPORT

Our sponsors and exhibitors have kindly donated prizes for you to win. All you need to do is collect the signatures of all of the exhibitors and place your completed form at the registration desk. An Exhibitors Passport will be given to you on registering. Prizes will be drawn on Saturday 18 October at afternoon refreshments.

#### **INTERNET ACCESS**

Wireless internet will be available throughout the conference venue for the duration of the conference. To access please connect to the Hilton Sydney site and use the following username and password. If you have trouble connecting please see the staff at the registration desk.

Password - AMMA2014

#### MOBILE PHONES

As a courtesy to other delegates, please ensure that all mobile phones are turned off or in silent mode during all sessions and social functions.

#### PARKING

The Hilton Sydney has parking available 24 hours a day in its secure underground car park, accessed from Pitt Street only. Early birds rates entering between 6.00am-10am and exiting 3pm-7pm are \$23.00.

See the AMMA website or registration desk staff for other rates.

#### POSTER PRESENTATION

Staff at the registration desk will direct you to the display boards. Please use strong double sided tape on both sides of the Velcro to hang the poster. Authors should be available on Saturday 18 October at lunchtime to discuss the poster with delegates.

### **GENERAL INFORMATION**

#### REGISTRATION

The Registration Desk is located on Level 3 of the Sydney Hilton Hotel. Please direct any questions regarding registration, accommodation, tours or social functions to the staff at this desk.

Between these hours

FRIDAY 17 OCTOBER 0700 - 1800

**SATURDAY 18 OCTOBER** 0730 - 1730

SUNDAY 19 OCTOBER 0830 - 1300

#### SMOKING

The Sydney Hilton Hotel and all other conference venues are non smoking venues – however guests are allowed to smoke outside or in designated areas.

#### SPEAKERS

Speakers are asked to load their presentation onto the conference laptop in the Speakers Prep Room AT LEAST three hours before they are due to present – this may mean the day before your presentation. A technician will be present in the speakers preparation room during registration hours.

#### SPECIAL DIETS

The Sydney Hilton Hotel has been advised of any special diet preference you have indicated on your registration form. Please indicate this to the catering staff – they will be happy to assist in providing you with your appropriate food.

#### VOTING FOR AWARDS

Voting for the Weary Dunlop, Best Poster and Photo Gallery competition can be done via your smart phone/tablet at www.amma.asn.au/amma2014. Go to the delegates only page.

### SOCIAL PROGRAM

WELCOME RECEPTION

Exhibition Area, Hilton Sydney Friday 17 October 1730 - 1930 Dress - Neat casual Additional tickets - \$80

Canapes and drinks will be served. This is your opportunity to catch up with friends and network with new colleagues and explore the trade exhibitions further.

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#### **CONFERENCE DINNER**

Sydney Town Hall Theme - Fields of France Saturday 18 October 1900 - 2330 Dress - Dinner/Lounge suit, after-five wear

Additional tickets - \$190

One of the most anticipated events of the conference with a bottle of Penfolds Grange and other prizes up for grabs.

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# CONFERENCE OPENING



FRIDAY 17 OCTOBER, 0855-0905

HIS EXCELLENCY GENERAL THE HONOURABLE DAVID HURLEY AC DSC RETD, GOVERNOR OF NSW

His Excellency General The Honorable David Hurley AC DSC (RETD), was born in Wollongong, NSW in 1953. He graduated from the Royal Military College, Duntroon in December 1975 into the Royal Australian Infantry Corps.

His Excellency served in the Royal Australian Regiment, and early in his career went on exchange to the 1st Battalion Irish Guards (British Army). Upon his return to Australia he served with the 5th/7th Battalion.

In 1989 he served as the Mechanised Infantry Adviser, Australian Army Project Team Malaysia and, as a Lieutenant Colonel he assumed command of 1 RAR which he led during Operation SOLACE (Somalia) in 1993.

Following his promotion to Colonel, he was appointed Chief of Staff Headquarters 1st Division. He attended the United States Army War College in 1996 and 1997, returning to a posting as Military Secretary to the Chief of Army.

His Excellency was promoted to Brigadier in January 1999 and assumed command of the 1st Brigade in Darwin, overseeing the Brigade's transition to a higher degree of operational readiness and its support to Australian led operations in East Timor.



From 2001 - 2003 he served as the Director General Land Development within Capability Systems, Head Capability Systems Division and Land Commander Australia.

In December 2003, he was promoted to Lieutenant General in the role of Chief of Capability Development Group and in October 2007 was appointed Chief Joint Operations Command.

His Excellency was appointed to the position of Vice Chief of the Defence Force in July 2008. In 2010, he became a Companion of the Order of Australia for eminent service to the Australian Defence Force. He had previously been awarded the Distinguished Service Cross for his service in Somalia during Operation SOLACE.

He was promoted to General and assumed his appointment as the Chief of the Defence Force on 4 July 2011, until his retirement from the Australian Regular Army on 30 June 2014.

His Excellency holds the academic qualifications of Bachelor of Arts and Graduate Diploma in Defence Studies, and was awarded an honorary Doctorate of Letters from the University of Wollongong in 2013.

Together with Mrs Linda Hurley, they have three children. Caitlin, Marcus and Amelia.

# KEYNOTE SPEAKERS



FRIDAY 17 OCTOBER, 0910-1000

PROFESSOR SIR MANSEL AYLWARD, CB DSC FFPM FFOM FFPH FRCP (UK)

Professor Sir Mansel Aylward CB is Director of the Centre for Psychosocial and Disability Research at Cardiff University which offers a unique opportunity to extend knowledge and understanding of the psychosocial, economic and cultural factors that influence health, illness, recovery, rehabilitation and reintegration.

Sir Mansel is also Professor of Public Health Education at Cardiff University. He is also Chair of Public Health Wales – a new unified NHS Trust responsible for the delivery of public health services at national, local and community level in Wales. Until 2008 he was Chair of the Wales Centre for Health, an Assembly Government Sponsored Body established to be the 'hub of connected organisations' and to communicate better health messages to the people of Wales.

In the 2010 Queen's New Year's Honours List he received a knighthood for services to health and healthcare. Previously he was made a Companion of the Bath in 2002. In December 2008, during the 60th year of the NHS, the Minister for Health and Social Services asked him to chair the Bevan Commission, an independent expert group to oversee NHS reforms and, to help ensure that these reforms set Wales on the path to achieve a world-class health care system.



In 2005 he was made a member of the Health Honours Committee; in September 2008 he was re-appointed for a further 4 years. He is Patron of The Shaw Trust, the Vocational Rehabilitation Association and Wellbeing Wales and Vice President of the College of Occupational Therapy. From 1996 to April 2005 he was Chief Medical Adviser, Medical Director and Chief Scientist to the UK's Department for Work and Pensions and Chief Medical Adviser and Head of Profession at the Veterans' Agency, Ministry of Defence.

In 2001 he was appointed as The Royal Society of Medicine's Academic Sub Dean for Wales. In 2012, he was appointed to be the first Ko Awatea Stephenson Visiting Chair at Counties Manukau District Health Board, New Zealand and Honorary Professor at Auckland University. In 2012, he was asked by the Chief Scientific Adviser to the Prime Minister, New Zealand, to chair an international expert panel to undertake a review of the Growing Up in New Zealand Longitudinal Study.

He lives in Merthyr Tydfil, his home town, where, in 2013, he was made a Freeman of Merthyr Tydfil County Borough.

# KEYNOTE SPEAKERS



SATURDAY 18 OCTOBER, 0910-1000 GRAEME SHIRTLEY ORATION

#### AIR VICE MARSHAL TONY AUSTIN AM (RETD)

Tony retired from the RAAF in 2008 after a career spanning over 28 years. Recruited as an undergraduate medical officer in 1980 he held various medical officer appointments around Australia and had postings to Malaysia and the USA.

He had two commands – the RAAF Institute of Aviation Medicine and 3 RAAF Hospital. During this time he continued to work in a clinical role with an emphasis on aeromedical evacuation, aviation and workplace medicine.

Tony participated in several large joint exercises in Australia, supported operational deployments overseas and worked with the UN Peacekeeping Headquarters in Dili (East Timor) during Operation Tanager.

Prior to his retirement, Tony spent six years in Canberra with the last three as Head of the Defence Health Services with the rank of Air Vice-Marshal. During this time he gained considerable experience dealing with Ministers, senior government executives and the media.

He was also the ADF representative on the Australian Health Protection Committee – the peak body for organising Federal and State health responses to disasters, epidemics and pandemics.



Tony was a long term Board member for the Australian Centre for Posttraumatic Mental Health and a founding member of the Board of the Centre for Military and Veterans' Health.

He remains a strong supporter of the innovative ADF Mental Health Strategy. During his tenure he helped to improve the relationship between DVA and the ADF in areas such as mental health support, transition and the investigation of illnesses arising from military service.

Since retiring Tony has been able to devote more time to his passion for sailing, further develop his strong interest in improving remote Indigenous health and become more involved in several aspects of veterans' health and wellbeing including Chairing the National Advisory Committee on the Veterans and Veterans' Families Counselling Service (WCS).

#### REAR ADMIRAL GRAEME SPENCER SHIRTLEY AM RFD RANR

Rear Admiral Graeme Spencer Shirtley AM RFD RANR served as Surgeon General Australian Defence Force (SGADF) from 09 May 2005 to 03 July 2008. During that time, he was AMMA Patron, where he provided strong support for its development, aims and objectives. Graeme died in March 2012.

# KEYNOTE SPEAKERS



SATURDAY 18 OCTOBER, 1600-1700

#### BRAD MANERA, CEO, ANZAC MEMORIAL, SYDNEY

Brad Manera is the Senior Historian and Chief Executive Officer at the Anzac Memorial in Sydney. He is also on the editorial team writing the official history of NSW in the Great War. Brad Manera has had a passion for military history and battlefield archaeology all his life and, for over 30 years, has been leading tours to the places on which Australian history was made.

Since attending the 75th anniversary of the Anzac landing with the last surviving Anzacs he has been a frequent visitor to Gallipoli. Manera was the adviser on weapons, uniforms and sets as well as one of the historians for the award-winning documentary Gallipoli; The Front-Line Experience (2005) by Tolga Örnek and is the historian for Waler; the Great Australian War Horse due for release next year and the International Gallipoli art exhibition Our Friend the Enemy; Gallipoli landscapes 1915 – 2015. Before being asked to lead the Anzac Memorial into the centenary, he has had a lifetime of curatorial experience, beginning with the Western Australian Museum to the National Museum of Australia and the Hyde Park Barracks Museum as well as working as a historian at the Australian War Memorial, Canberra, from the 1990s to 2007.

# **Garrison Health Services**



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### PROGRAM THURSDAY 16 / FRIDAY 17 OCTOBER

#### THURSDAY 16 OCTOBER

0800-1630 AMMA Workshop - Musculoskeletal – Dr Tony Delaney

| FRIDAY 17 OCTOBER |   |  |
|-------------------|---|--|
| 0700-1800         | Registration Open   |  |
| 1000-1730         | Exhibition Open   |  |
| 0845-0850         | Welcome – Dr Greg Mahoney, President AMMA   |  |
| 0855-0905         | Conference Opening – His Excellency General The Honourable<br>David Hurley AC DSC (Retd), Governor of NSW |  |
| 0910-1000         | Keynote Speaker - Professor Sir Mansel Aylward, CB DSC<br>FFPM FFOM FFPH FRCP (UK)                        |  |
| 1000-1030         | Morning Refreshments – Exhibition Area  |  |

| 1030-1230 | SESSION 1 B1<br>RECENT OPERATIONS   | SESSION 2 B2<br>HISTORY  |
|-----------|---|--|
| 1030-1050 | A bibliometric review of military<br>nursing research publications<br>Jane Currie   | The Naval and Military<br>Expeditionary Force and the<br>lost Tropical Force in New<br>Guinea 1914-1921<br><i>Michael Tyquin</i> |
| 1055-1115 | Alcohol use and substance<br>use disorders in Gulf War<br>Veterans - a systematic review<br>and meta-analysis (from ARP<br>1122)<br>Helen Kelsall | Capt BG Pockley AAMC - a<br>Hero Before Gallipoli<br><i>Michael Dowsett</i>  |

Plenary & B1 (Ballroom A - Level 3) B2 (Ballroom B - Level 3) B3 (Room 1 - Level 4) B4 (Room 2 - Level 4) B5 (Room 4 - Level 4





| SESSION 3 B3<br>GOVERNANCE   | SESSION 4 B4<br>OPERATIONAL HEALTH   | SESSION 5 B5<br>PSYCHOLOGY I  |
|--|--|---|
| Improved Collaborative<br>focus to provide better<br>services and programs<br>to defence and veterans<br>clients<br>Judy Daniel & RADM<br>Walker | Military Health Culture:<br>Has there been a<br>change in the Pulse?<br><i>Nigel Carlton &amp; Stephen</i><br><i>Becsi</i> | Participation in The<br>Technical Cooperation<br>Program (TTCP) HUM<br>Technical Panel 13<br>Nicole Sadler & Alana<br>MacDonald |
| Components of an<br>effective deployed<br>clinical governance<br>system for the ADF<br>Michael Reade   | Country medical risk<br>rating and its correlation<br>with medical evacuation<br><i>Craig Stark</i>                        | Current themes in<br>operational mental<br>health for deployed<br>maritime forces<br>Elizabeth Rushbrook,<br>Jennifer Wheeler   |

# PROGRAM FRIDAY 17 OCTOBER

| 1030-1230 | SESSION 1 B1<br>RECENT OPERATIONS   | SESSION 2 B2<br>HISTORY  |
|-----------|---|--|
| 1120-1140 | East Timor to Afghanistan<br>– Australian Battle Casualties<br><i>Leonard Brennan</i>                         | The First Australian General<br>Hospital: Egypt: 1915<br><i>Cliff Pollard</i>            |
| 1145-1205 | Lessons learned - research<br>into the health outcomes of<br>Australian peacekeepers<br><i>Kyleigh Heggie</i> | Suicide by WW1 Army<br>Doctors: PTSD or Something<br>Else<br>Robert Likeman              |
| 1210-1230 |   | The Treatment of Casualties<br>from the Sydney-Emden<br>Action<br><i>Michael Dowsett</i> |
| 1230-1330 | Lunch – Exhibition Area   |  |



| SESSION 3 B3<br>GOVERNANCE   | SESSION 4 B4<br>OPERATIONAL HEALTH   | SESSION 5 B5<br>PSYCHOLOGY I  |
|--|--|---|
| A quality improvement<br>project to evaluate the<br>impact of 17 Combat<br>Service Support Brigade<br>Jane Currie  | Nurse Practitioners in<br>Air Force Health<br>Daniel O'Neill                           | The Provision of<br>Psychological Support<br>to HMNZS TE MANA<br>Personnel on an 8<br>Month Anti-Piracy<br>Operation<br>Juliet Battersby (NZDF) |
| How do we define<br>'deployable'?<br>Establishing a standard<br>guide for clinicians to<br>assess when a soldier is<br>fit for upgrade<br><i>Isaac Seidl</i> | Good care in a small<br>package<br><i>Matthew Savage</i>                               | The Changing<br>Landscape of<br>Operational Mental<br>Health<br>Andrew Cohn   |
| Health Information<br>Sharing in Defence:<br>Who needs to know<br>what?<br><i>Tracy Smart</i>  | Forward Combat Critical<br>Care - Time for a New<br>Paradigm?<br><i>David Cooksley</i> | NZ Peacekeepers in<br>South Sudan: A Case<br>Study of Trauma<br>Exposure and Impact on<br>Mental Health<br>Alana Macdonald<br>(NZDF)            |

# PROGRAM FRIDAY 17 OCTOBER

| 1330-1530 | SESSION 6 B1<br>TRAUMA   | SESSION 7 B2<br>TRAINING  |
|-----------|--|---|
| 1330-1350 | Do trauma operating theatres<br>really need to be warmed to<br>42 degrees C?<br>Prof Michael Reade   | 3 Health Support Battalion<br>- WEBINAR Clinical<br>Presentation Series<br>Anthony Pay  |
| 1355-1415 | The CHORUS Study<br>Elissa Milford   | Experiences in the delivery of a flexible education program to military students<br>Dale Edwards                              |
| 1420-1440 | The Chronic Effects of<br>Neurotrauma Consortium:<br>Studying the Future Effects of<br>Combat-Related Brain Injury<br>Today<br>Steven West | Clinical Placements - How do<br>we maintain our currency of<br>practice?<br><i>Craig Spinks</i>                               |
| 1445-1505 | Operational Health Support for<br>ADF Military Working Dogs<br>(MWD) - a Capability Gap<br><i>Kendall Crocker</i>                          | Introducing HOSPEX to<br>Australia<br>Phillip Butt, Gerard Gill,<br>Michael Reade   |
| 1510-1530 | ADF Military Medical 'Dogma'<br>- Teaching Our People New<br>Tricks<br>David Cooksley  | Between a rock and a hard<br>place: joint training ADF health<br>personnel for a collective<br>future<br><i>Kylie Douglas</i> |
| 1530-1600 | Afternoon Refreshments – Exhibition Area   |   |
| 1600-1735 | Chairs of Regional Advisory Group Meeting B5   |   |

 Plenary & B1 (Ballroom A - Level 3)
 B2 (Ballroom B - Level 3)

 B3 (Room 1 - Level 4)
 B4 (Room 2 - Level 4)
 B5 (Room 4 - Level 4)



| SESSION 8 B3<br>DVA SYMPOSIUMS  | SESSION 9 B4<br>PSYCHOLOGY II  |
|---|--|
| The Transition and Wellbeing Program<br>The Health and Wellbeing Study<br><i>Miranda Van Hooff</i>  | Review of Mental Health Screening<br>Data Following Operational<br>Deployment within the New Zealand<br>Defence Force<br>Samuel Williams (NZDF)  |
| The Impact of Combat Study<br>Dr Miranda van Hooff and<br>Ellie Lawrence-Wood   | Contributors to Change in Mental<br>Health During Initial Training:<br>Longitudinal ADF Study Evaluating<br>Resilience (LASER-Resilience).<br><i>Carolina Casetta &amp; David Forbes</i> |
| The Transition and Wellbeing Family<br>Study<br><i>Benjamin Edwards</i>   | Longitudinal predictors of 'better than<br>expected' post-deployment mental<br>health among Australian Defence<br>Force personnel<br><i>Amelia Searle</i>                                |
| Resilience Symposium<br>Development of self-management<br>and resilience training resources for<br>ADF Members and Veterans<br>Kym Connolly and Col Nicole Sadler | The Long Way Home Theatre<br>Production - A Military Nurse's<br>Perspective on Rehabilitating our<br>Wounded Injured and III through the<br>Arts<br>Dianne Hutchinson                    |
|   | Military and veteran mental health<br>- what is the emerging evidence for<br>enhanced treatment<br>Stephanie Hodson  |

# PROGRAM FRIDAY 17 OCTOBER

| 1600-1735 | SESSION 10 B1<br>LESSONS   | SESSION 11 B2<br>REHABILITATION   |
|-----------|--|---|
| 1600-1620 | Bruce Bairnsfather<br>A household word for 2 World<br>Wars, now forgotten!<br>Did PTSD lead to his fame and<br>could it have been predicted<br>Peter Hurly | ADF Recovery and<br>Rehabilitation New Initiatives:<br>Progress and Evaluation<br>Findings<br>David Morton  |
| 1625-1645 | Are The Current Priorities For<br>The Control Of Plague<br>Misplaced?<br>Louise Gertner  | Intensive Rehabilitation Teams<br>Carl Bryant   |
| 1650-1710 | Applying proven health<br>strategies to combat the<br>world's most common and<br>painful disease for nations of<br>the Asia Pacific<br>Barry Reed          | An Update Of The Results Of<br>The Osseointegration Group<br>Of Australia Accelerated<br>Protocol<br><i>Munjed Al Muderis</i>   |
| 1715-1735 | A Personal View of RAAF<br>Dentistry in WWII through the<br>eyes of an Air Crew Trainee<br><i>Norton Duckmanton</i>  | Improved Technique For<br>Minimally Invasive<br>Reconstruction Of Medial<br>Patellofemoral Ligament In<br>Patients With Patellar<br>Instability<br><i>Munjed Al Muderis</i> |
| 1735-1935 | Welcome Reception – Trade Exhibition Area<br>Sponsored by Aspen Medical  |   |



| SESSION 12 B3<br>MISCELLANEOUS   | SESSION 13 B4<br>PSYCHOLOGY III  |
|--|--|
| Management of Complex Lower Limb<br>Amputations<br><i>Munjed Al Muderis</i>  | Posttraumatic Stress Disorder in<br>Australian Defence Force members<br>deployed to the Middle East Area of<br>Operations: The impact of<br>deployment, combat and other<br>lifetime traumas<br><i>Miranda Van Hooff</i> |
| ADF Reservist: Identity, wellbeing and experiences<br>Samantha Crompvoets  | A systematic review of psychological<br>interventions for posttraumatic stress<br>symptoms<br><i>Kathryn Woodcock</i>  |
| How cooperative military and civilian<br>health provider (CHP) models can be<br>optimised in forward areas of<br>operation to ensure military health<br>objectives are achieved<br>Patrick Lobdell | The Utilization of Computerized<br>Balance Assessment to Examine the<br>Physiologic Effects and Provide<br>Differentiation Between Subjects with<br>Combat-Associated mTBI and PTSD<br>Steven West                       |
| AHPRA and Rumpelstiltskin : Don't<br>promise your firstborn to the Board<br>Yolanda Kuruc  | Embedding Cognitive Processing<br>Therapy within the Veterans and<br>Veterans Families Counselling Service<br>for veterans with PTSD<br><i>Loretta Poerio</i>  |

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# JMVH



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# PROGRAM SATURDAY 18 OCTOBER

| SATURDAY 18 OCTOBER |   |   |  |
|---------------------|---|---|--|
| 0700-1800           | Registration  |   |  |
| 0800-1600           | Exhibition Open   |   |  |
| 0900-0905           | Welcome – Surgeon General AL<br>– Air Vice Marshal Hugh Barthol   |   |  |
| 0910-1000           | Graeme Shirtley Oration – Air Vi<br>(Ret'd) MBBS, MPH, FRACMA,  |   |  |
| 1000-1030           | Morning Refreshments  |   |  |
| 1030-1230           | SESSION 14 B1<br>LEADERSHIP   | SESSION 15 B2<br>MANAGEMENT   |  |
| 1030-1050           | Effective Leadership on<br>Operations: Perspectives from<br>Commanding Officers of New<br>Zealand Defence Force<br>Deployments<br><i>Christopher Liddell (NZDF)</i> | ADF Clinical Handover<br>Improvement Project (CHIP)<br>Darrell Duncan & Madeline<br>Makeham                               |  |
| 1055-1115           | Valuing religious beliefs<br>through the health care<br>experience<br><i>Jenny Sutton</i>   | Development of Nutritional<br>Fitness in Forces Command<br><i>Charina Kullen</i>  |  |
| 1120-1140           | Innovating change by<br>encouraging rebels in the<br>Defence health workforce<br><i>Isaac Seidl</i>   | Arthroscopically Assisted<br>Fixation Of The Lesser<br>Trochanter Fracture - A Case<br>Series<br><i>Munjed Al Muderis</i> |  |

Plenary & B1 (Ballroom A - Level 3) B2 (Ballroom B - Level 3) B3 (Room 1 - Level 4) B4 (Room 2 - Level 4) B5 (Room 4 - Level 4)





| SESSION 16 B3<br>OCCUPATIONAL<br>HEALTH   | SESSION 17 B4<br>PSYCHOLOGY IV   | SESSION 18 B5<br>DIPLOMA IN MILITARY<br>MEDICINE UPDATE |
|---|--|---|
| Will an Injury Prevention<br>Program delivered during<br>pre-week of Australian<br>Defence Force (ADF)<br>Infantry training lead to a<br>decrease in preventable<br>injuries amongst trainees a<br>randomised controlled trial<br><i>Carney Garland</i> | Factors that influence<br>resilience in children<br>whose parents are<br>members of the<br>Australian Defence<br>Force<br>Sarah Asteljoki                              |   |
| Early Intervention<br>instrumental in<br>improving return to work<br>outcomes for injured<br>workers<br><i>Matthew May</i>  | Emotional Cycle of<br>Deployment: A<br>Validation using New<br>Zealand Defence Force<br>Personnel and their<br>Families<br><i>Katherine Yardley</i><br>( <i>NZDF</i> ) | WGCDR Adeline<br>Chong                                  |
| Case Reports: CAGE in<br>aircrew following hypobaric<br>exposure during routine<br>physiological training<br>Mohammed Siraj Abdul<br>Hameed   | Stigma and Accessing<br>Mental Health Support<br>in Military Organisations<br><i>Christopher Liddell</i><br>( <i>NZDF</i> )  |   |

# PROGRAM SATURDAY 18 OCTOBER

| 1030-1230 | SESSION 14 B1<br>LEADERSHIP  | SESSION 15 B2<br>MANAGEMENT   |
|-----------|--|---|
| 1145-1205 | The Secrets of Very High<br>Performance Medical Teams<br><i>David Cooksley</i>                                     | Post Discharge GP Health<br>Assessment<br>Matthew Jackson & Richard<br>Reed     |
| 1210-1230 | The Good Workplace: how<br>management and culture<br>contribute to health and<br>productivity<br><i>James Ross</i> | Some Really Big Tips for ADF<br>Musculoskeletal Medicine<br><i>Tony Delaney</i> |
| 1230-1330 | Lunch – Exhibition Area  |   |
| 1230-1330 | Poster Defence Session – Exhibition Area   |   |

# Plenary & B1 (Ballroom A - Level 3) B2 (Ballroom B - Level 3) B3 (Room 1 - Level 4) B4 (Room 2 - Level 4) B5 (Room 4 - Level 4)



| SESSION 16 B3<br>OCCUPATIONAL<br>HEALTH  | SESSION 17 B4<br>PSYCHOLOGY IV  | SESSION 18 B5<br>DIPLOMA IN MILITARY<br>MEDICINE UPDATE |
|--|---|---|
| Noise-Induced Hearing<br>Loss in the Military<br>Environment - a review<br>of upcoming<br>preventative<br>pharmacological agents<br><i>Patrick O'Neill</i>   | Exploration of the<br>association between<br>inflammation and<br>psychological distress in<br>deployed Australian<br>Defence Force<br>personnel<br><i>Ellie Lawrence-Wood</i>   |   |
| Alphabet Soup: WHS,<br>AME, SRCA, MRCA and<br>the 10-1-2-Metric -<br>Providing a<br>safeworkplace for those<br>left behind after<br>withdrawal of operations<br>(A Case Study in<br>Timor-Leste)<br><i>Rachelle Warner</i> | The Relationships<br>Between Blast-Induced<br>Mild Traumatic Brain<br>Injury, Post-Concussive<br>Symptomology,<br>Depression,<br>Post-Traumatic Stress<br>Disorder, and Alcohol<br>Use in Active Duty<br>Military Personnel<br>Steven West (US) |   |

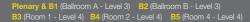


### PROGRAM SATURDAY 18/ SUNDAY 19 OCTOBER

| 1330-1530 | SESSION 19<br>RAN | B1 | SESSION 20<br>ARMY | <b>B2</b> | SESSION 21<br>RAAF | <b>B</b> 3 |
|-----------|-------------------|----|--------------------|-----------|--------------------|------------|
| 1330-1350 |                   |    |                    |           |                    |            |
| 1355-1415 |                   |    |                    |           |                    |            |
| 1420-1440 |                   |    |                    |           |                    |            |
| 1445-1530 |                   |    |                    |           |                    |            |

| 1530-1600 | Afternoon Tea – Exhibition Area   |           |
|-----------|---|-----------|
| 1600-1700 | Keynote – Brad Manera, CEO, ANZAC Memorial, Sydney                            |           |
| 1700-1800 | AMMA AGM  | <b>B1</b> |
| 1900-2330 | 2330 Conference Dinner – Sydney Town Hall – Sponsored by<br>International SOS |           |

| SUNDAY 19 OCTOBER |  |  |
|-------------------|--|--|
| 0930-1200         | Registration Open                                |  |
| 0900-1100         | SESSION 22: PLENARY                              |  |
|                   | Amphibious Health Support – A New ADF Capability |  |
| 1100-1115         | AMMA Awards                                      |  |





#### SESSION 22 **B4 PSYCHOLOGY V** Translating the Mental Health Advice Book into an interactive electronic format Kvm Connollv The Post Deployment Transition Model: A Review of Experiences from New Zealand Defence Force Personnel Katherine Yardlev (NZDF) An Overview of the Development and Practice of Psychological Support to Operations within the New Zealand Defence Force: Reflections on Past and Current Practice Samuel Williams (NZDF) From training to transition: What do we know? Helen Benassi. Ingrid Krauss & Nicole Steele



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